



# Happy New Year

Welcome back and I hope you all had a wonderful festive period. I look forward to great things for Westfield Primary School in in 2020.

## Curriculum News

Introducing .....

# JIGSAW

Attendance Update

Willow 91.5%  
Beech 94.8%  
Maple 98.9%  
Larch 95.1%  
Oak 96.3%

Whole School 95.3%  
**This is our best attendance percentage!**

Well done Maple Class!

This week we have launched our new scheme of work for Personal Social Health Education. Jigsaw is an innovative whole-school, lesson-a-week scheme which builds children's capacity to learn and equip them for life in an ever changing world.

In the sessions we teach children explicitly about the thoughts-feelings-actions-consequences flow and that they can stop this and change it if they want to. This awareness is gained through both explicit lesson teaching and through the mindfulness practice they get every lesson in the Calm Me times.

The techniques and systems used in Jigsaw help develop children's mindfulness skills. A chime is used at the start of a session to focus their thoughts. The point of this is that children practise becoming aware of their thoughts and feelings in the present moment...which allows them to decide whether to allow those thoughts and feelings to continue, or to make the choice to redirect them or change them.

As part of the scheme we celebrate weekly children who demonstrate using the techniques and learning from the previous week. This we are celebrating children who help others to feel welcome. Please ask your child about their session this week as for the conversations I have had around school the children have really enjoyed it. Ask them who is their class puzzle character! Once up and running I will invite you in to watch a demonstration session. Any questions or thoughts please come and have a chat as you see me around school.



# Westfield Primary School Weekly Newsletter

10th January 2020



## Staffing Update

Next week Miss McGreal will begin her maternity leave and from all of us here we wish her all the happiness on the forthcoming birth of her new addition.

On Monday we welcomed Miss Woods to our school and she will be covering Miss McGreal in Maple class until her return later in the year.

## Dates for your diary

13th January 2020  
Swimming for Maple Class

21st January 2020  
Smoke tent session with all Year 5 Children

21st January 2020  
PTA meeting at 3:15pm

22nd January - 24th January 2020  
Robinwood Residential Trip

28th January 2020  
Parent Coffee afternoon at 2:30pm