



Go Run For Fun Invites You!

Dear Teacher,

We are writing to your school as there is a GO Run For Fun (GRFF) event coming to your area soon. You should hopefully find all the information you need right here. We are really excited to see you at the event and we hope your school will be happy to come along on the day to get fit in the outdoors at a **fun, free** and **exciting** running event.

What happens at an event?

A typical event breakdown:

- Arrival/Registration
- Welcome
- Mass Warm-Up
- 2km fun-run
- Mass cool down
- Q&A Session with children or even a special guest!
- Thank you's

All children will receive a **free pink t-shirt** to keep as souvenirs from their day. Most events will also see an appearance from our much loved mascot Dart! The events usually last around 2 hours from arrival to leaving the event site.

Important Information

Local press and media will be invited to all of our events so there is usually a photographer present. The GRFF staff will also take photos on the day for our social media and website. We hope that all the children can be involved in the photos and have parental and photo consent. However, if there are a couple of individuals who are not allowed their photo taken please make them known at the beginning of the event so we can identify them.

The event staff from the GRFF team are all Level 3 First Aid trained, however at an event where we have a large number of participants we will have additional First Aid support.

What do I need to do now?

To register children from your school you will need to contact your event organiser (details overleaf). The events are designed for primary school children aged between 4-11. All you need to do is supply your organiser with a few small details such as; the age and number of the children you will be bringing along with you. Please let the event organiser know by the set deadline as this will ensure your children can take part.

Is there anything else I need to know?

We will be sending out free health and wellbeing resources to each school that takes part in the run. These will consist of videos for assembly and bit sized tasks for children to take part in during breaks or lunchtime. This has been designed to tie in with the national curriculum.

If you have any further questions or queries do not hesitate to email the event organiser. The contact details you will need are below:

Event Organiser

Name :

Email :

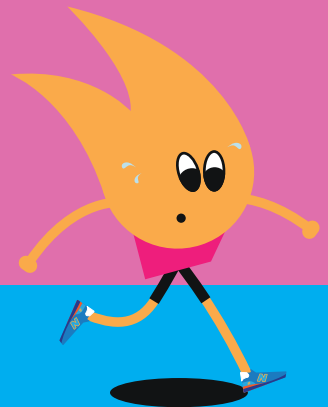
Contact Number :

Event Information

Date :

Arrival Time :

Location :



[facebook.com/gorunforfun](https://www.facebook.com/gorunforfun)



[@gorunforfun](https://www.instagram.com/gorunforfun)



[@_GRFF](https://twitter.com/_GRFF)

Find out more at
www.gorunforfun.com