

# Does your child need care this winter?



**Urgent  
Treatment  
Centre**



**GP  
Surgery**



**Pharmacy**

**Choose the  
right service**



**111.nhs.uk**



**Call  
NHS 111**

This handy guide shares information on how to access the right NHS service for your child if they become ill, so they can be treated quickly and effectively.

## Online symptom checker

Our friends at Alder Hey have created a web page which shares lots of useful advice on common symptoms in children. Visit [www.alderhey.nhs.uk/symptomchecker](http://www.alderhey.nhs.uk/symptomchecker) for further details.

## When to go to a doctor

Common illnesses that can be treated by your GP are:

- Persistent coughs
- Eye infections
- Ear pain
- Skin infections

Out of hours, you can also call 111.



## When to go to A&E

A&E is for people with life-threatening illness or injury, which include:

- Shortness of breath
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions
- Serious animal bites
- Uncontrolled pain



## When to go to a pharmacy

They can help with:

- Coughs and colds
- Upset tummy
- Minor cuts, bumps and bruises
- Minor stings and bites



## When to go to urgent treatment / walk-in centres

If your GP surgery is closed, the centres have specialist nurses and doctors that can help. Common conditions that can be treated here include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties
- Suspected fractures
- Uncontrolled fever



  
If your child is struggling to breathe or loses consciousness, call 999.

Help us to help you this winter. Scan here for further information.



## Your local Urgent Treatment & Walk-In Centre is open 365 days a year, including Bank Holidays



**St Helens Urgent Treatment Centre**  
WA10 1HJ

Monday to Saturday 7am-10pm  
Sunday & Bank Holidays 9am-10pm

**Huyton NHS Walk-In Centre**  
L36 6GA

Monday to Saturday 8am-8.30pm  
Sunday & Bank Holidays 10am-8.30pm

**Halewood NHS Walk-In Centre**  
L26 9UH

Monday to Saturday 8am-8.30pm  
Sunday & Bank Holidays 10am-8.30pm

**Widnes Urgent Treatment Centre**  
WA8 7GD

Monday to Sunday 8am-9pm

**Runcorn Urgent Treatment Centre**  
WA7 2DA

Monday to Sunday 8am-9pm

**Kirkby Urgent Treatment Centre**  
L32 8RE

Monday to Sunday 8am-8.30pm